

# Method Card

## Research Carousel

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### Engagement Phase

- Prepare
- Connect
- Reflect

### Research Phase

- Ideation
- Planning
- Ethics
- Data collection
- Analysis
- Reporting
- Dissemination
- Impact/evaluation

### Activity

- Individual
- Group

**WELLBEING  
HEALTH &  
YOUTH** NHMRC Centre of  
Research Excellence  
in Adolescent Health

**YR** **YOUNG &  
RESILIENT  
RESEARCH  
CENTRE**

## Why it matters

Young people will be involved in shaping projects: aims, context, questions, methods and how it should be implemented.

## How will it work?

Break young people into 3-5 small groups with a researcher in each group. Make 3-5 rotations every 20 minutes until all researchers have presented. Presentations can be for different projects, or different aspects of a project.

Researchers will have 10 minutes to present and will have 10-minute Q&A with young people.

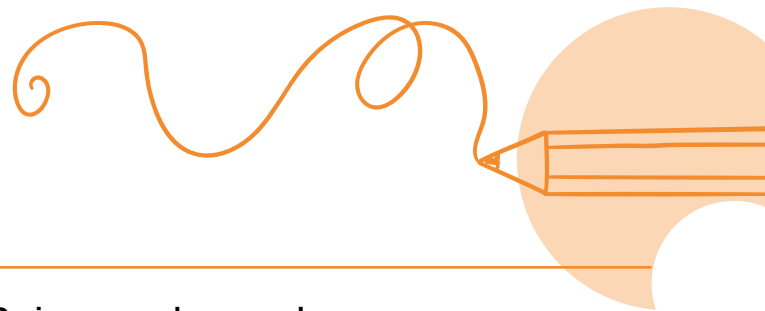
\*This method can be 'reversed' with young people presenting ideas, findings or projects for senior researcher feedback.

## Outcome

Rapid fire feedback on multiple projects from young people.

## Benefits

Researchers can receive feedback from young people at any stage of a project. Young people contribute to shaping what a project looks like, how the project is conducted and how results can be used to make change.



## For researchers

### Before research carousel

- Address the following questions: What am I trying to do with the project? What do I want to know from young people?
- Consider your audience: young people have a diverse range of experiences and levels of knowledge when it comes to research/projects. Review the language and concepts you're using for inclusivity.
- Consider what young people need to know to contribute and what they will get out of your presentation.
- Identify clear engagement pathways for how young people can be involved in your project beyond the carousel
- Identify what activities will engage young people during the presentation (e.g. Kahoot quiz; discussion questions).
- Explain the rationale behind the chosen method for the project
- Include minimal text and diagrams/images explaining the project in your presentation
- Developed questions for young people to specifically answer and focus during the research carousel.

### During research carousel

- Do introductions and establish that young people are the experts and acknowledge the power imbalances in the room. Engage in safe and open dialogue (eg: "I want to hear from you")
- Encourage questions or comments during the presentation to clarify concepts and suggest new ideas.
- Stick to time and ensure most of the time is available for discussion.
- Display questions to guide young people through the discussion. When responding or asking questions, be encouraging and constructive.
- Avoid jargon and use simple English. Define any essential jargon or acronyms that need to be used
- Provide examples of concepts and methods used during the project.
- Break down complex questions to focus on one topic at a time. Allow time for reflection and responses.

### After the research carousel

- Follow up with young people to discuss next steps about the project
- Reimburse young people for attending the research carousel